

Torus 'Buckle' Fracture Wrist



Your child has suffered a 'Torus' or 'Buckle' fracture (Break) of their wrist.

- This is the most common type of fracture in young children. Young bone is still fairly flexible. For this reason, instead of breaking all the way through, the bone has a small crack or 'buckle'.

- This type of injury will heal very well if treated in a soft plaster. We recommend this 'softcast' is worn for three weeks from the time of injury. The cast can be worn during showering and bathing.
- It is important to give your child appropriate doses of paracetamol or ibuprofen to help with the pain as it will still be sore for a short period
- After three weeks, the cast can be removed at home by simply being unwound. You will be shown how to do this.
- It is best to avoid sports and rough and tumble play when wearing the splint and for the week or two after its removal.

If you have concerns at any time, before or after splint removal, please contact the Fracture Service on the number below.

Office Hours

Monday to Friday 9am to 4pm
01392 402269

If you have any urgent concerns out of hours, you can find help at NHS 111 (dial 111) or by proceeding directly to your local Emergency Department where the on-call trauma service can review you.

**Princess Elizabeth
Orthopaedic Centre**

Fracture Service

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

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