

## Peninsula Spinal Unit Referral Form

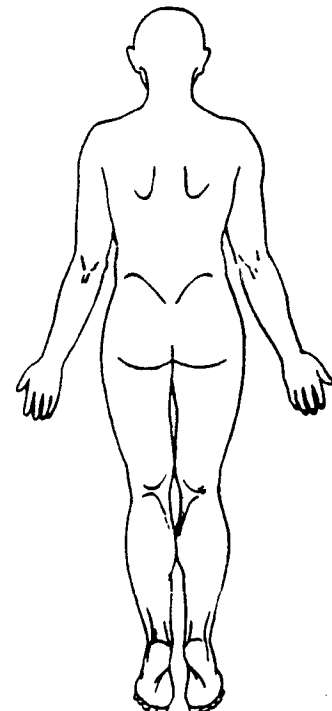
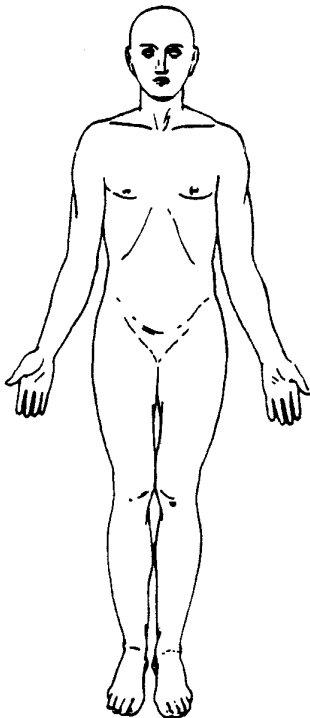
Please forward this form for the attention of Exeter Spinal Unit ESP Service to DART:  
[D-CCG.DRSS-Orthopaedics@nhs.net](mailto:D-CCG.DRSS-Orthopaedics@nhs.net)

Or post to: DART, Millwood House, Collett Way, Brunel Industrial Estate, Newton Abbot,  
 TQ12 4PH

<b>Referral Date</b>			
<b>Patient Name</b>			
<b>DOB</b>		<b>NHS No</b>	
<b>Address</b>			
<b>Tel No (1)</b>		<b>Tel No (2)</b>	
<b>Pt's GP &amp; Practice Address</b>			
<b>GP Tel No</b>			

<b>Work Status</b>			
<b>Occupation</b>		<b>Date last worked if on sick leave</b>	

Please mark current complaint on the body chart below:



<b>PAIN</b> ///
<b>P+N</b> .....
<b>NUMB</b> ○

<b>What is the dominant problem?</b>	
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Pain score where: 0 = No pain 10 = excruciating agony	Back =	Right leg =	Left leg =
Duration of current symptoms			
Physio treatment details			
Attended spinal rehab group?			
Other info			
Previous spinal surgery?			
Are there any red flag features?			
Objective neurological findings?			
Radiological investigations performed?			
STarT Back Score			
What is the main reason for this referral?			
Any other information you would like to add?			
Has patient's GP been informed of referral?			
Referrers name and signature			
Referrers location and contact number			

The Spinal ESP team is Helen Challinor, James Hiett, Amanda MacLellan, Jennifer Searle and Jenna Jagodzinska

If you need to speak to a Spinal ESP please call 01392- 403591  
The best times to call are Mon, Tues, Thurs afternoons and Friday mornings

Alternatively contact the spinal secretaries via switchboard 01392 411611

Email: [helenchallinor@nhs.net](mailto:helenchallinor@nhs.net)  
[james.hiett@nhs.net](mailto:james.hiett@nhs.net)  
[amanda.maclellan@nhs.net](mailto:amanda.maclellan@nhs.net)