

## Information for Oral Surgery Outpatient Sedation

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- Eat and drink normally up to 2 hours before your appointment. Avoid alcoholic drinks for 24 hours before your appointment.
- Take your routine medication as normal unless advised not to by the treating team.
- A responsible capable adult escort must accompany you to your appointment. This person should stay within the department during the procedure and escort you home after your treatment under sedation. Please expect to be in the hospital for approximately 2 hours.
- Your escort must be able to take you home in a private taxi or car.
- It is essential that your escort gives attention to you and therefore should not be responsible for children, elderly and/or dependent relatives.
- Arrangements must be made to ensure that you are supervised for 24 hours.
- Sensible clothing is advised, avoiding tight sleeves and high-heeled shoes. Please make sure your finger nails are clear of varnish or acrylic nails as this can affect monitoring equipment.
- For the next 24 hours, you **must not**:
  - ✗ return to work;
  - ✗ drive any vehicle or ride a bicycle;
  - ✗ consume alcohol;
  - ✗ operate machinery (including kitchen equipment);
  - ✗ climb heights (e.g. ladders, scaffolding);
  - ✗ be in charge of other people (e.g. children or dependant adults);
  - ✗ make important decisions (e.g. signing legal documents).
- Patients who are trying to conceive, are pregnant or are breastfeeding must inform their surgeon in advance of their appointment.

### What should I do if there is a problem?

If you have problems following treatment, please call one of the numbers listed below.

Monday to Friday, 0900-1700 hours

01392 402216

01392 403711

01392 403320

### Out of Hours

For emergency advice regarding increasing swelling or bleeding, please contact or visit your GP or attend the Emergency Department.

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

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