

How to put on and take off your Prosthesis with Gel or Silicone Locking Liner

How to put on the liner

1. Roll the liner inside out.



2. Squeeze the liner between the thumbs and forefingers as much as possible. Apply to the end of your limb centrally, ensuring good skin contact.

3. Roll liner up and over your limb ensuring the pin is located in a central position at the end of your limb, and the liner is the correct orientation if necessary.



4. Ensure pin is tightly secured to liner. Stand carefully, or in sitting pushing your limb into the socket. Keep pushing your limb downwards until the pin locates into the lock mechanism. If the pin has notches you will hear it click into place.



5. Ensure pin has located with at least 4 clicks and limb is securely attached before walking.

Removing your Prosthesis

Pin Method

Push the release button firmly, keeping it depressed and pull the residual limb, keeping it straight, out of the socket at the same time.

Taking off the liner

1. Roll the liner off.
2. Wash the inside thoroughly with mild soapy solution. Do not tumble dry or put near a radiator.
3. Do not store liner inside out.

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The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

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