

Care of your Artificial Limb (Prosthesis)

Looking after your prosthesis (artificial limb)

It is important that your artificial limb is well maintained.

We advise:

1. Your prosthesis should be regularly serviced by your prosthetist. You should not attempt to adjust or repair it yourself. Any noticeable wear and tear should be notified to your prosthetist immediately.
2. Your socket should be wiped out every day with a damp cloth using mild soap and water.
3. The outside can be wiped down with a damp cloth using soap and water, but do not get the limb too wet.

If your prosthesis gets wet, allow it to dry naturally and then have it checked by your prosthetist.

4. When you are not wearing your prosthesis, it should be stored in a clean dry place.

Prosthetic socks

Most artificial limb users need to wear prosthetic socks. These require looking after.

1. You should change your socks every day (you may have to change them more often during hot weather if they become damp with perspiration).

2. Wash your socks daily/regularly.
3. Replace your socks if they are worn or have holes in them. You can get new socks from the Centre.

Care of liners

1. Wash with mild soap and water, rinse well.
2. Wipe dry with a lint free cloth.
3. You can use directly after washing, once dry.
4. Do not leave liner inside out.
5. If your liner becomes damaged, or no longer fits, please contact your prosthetist.

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The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

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