

How to put on your Prosthesis with Rigid Pelvic Band or Double Swivel Pelvic Band

With this type of suspension, the belt is shaped to fit against your hip on the amputated side. To do the prosthesis:

1. Stand up where you can lean against something stable, e.g. a wall.

2. Push your residual limb into the socket, with the toe turned slightly outwards.



3. Pass the belt over your hip on the opposite side to your prosthesis.

4. Tighten with the strap and buckle enough to make a firm fit but not too tight to cause discomfort.



5. A shoulder strap may be supplied by your prosthetist. The strap attaches to studs at the front and back of your waistband. It is usually easier to keep the strap attached to the stud at the back of the belt permanently. The strap is designed to pass from the back attachment, over the shoulder on the opposite side to your prosthesis and attach to the front stud on the belt. Adjustment should be made to make it a firm fit but not too tight to cause discomfort.



If your socket feels too loose, add extra cotton socks. If more than one sock is worn, they should be put on separately. Both thick and thin socks are available.

If your socket feels too tight, try a thinner cotton sock.

If your socket is still loose with three thick socks or tight with one thin sock, then make an appointment to see your prosthetist.

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The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

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