

## Instructions for Patients due to have Eye Surgery under Local Anaesthetic

- Your operation may be in the morning or afternoon.
- You will be sent an admission date and time.
- You will be given written advice about how to care for your eye after the operation.

Your arrival time on Parkerswell Day Case Unit will be at **7.45am** or **12.45pm for afternoon operations**, unless you are told otherwise.

Please eat and drink normally and take all your medication (including eyedrops) as usual unless you have been asked not to do so. If you are on blood thinning tablets, the nurse will have given you specific instructions to follow.

On arrival a nurse will check your details and put drops in your eye if necessary. You will be seen by the surgeon before your operation. Please feel free to ask the nurse or doctors any questions.

When we know the order of the operating list, we will tell you your position on it. Be prepared to spend between **three to five hours** with us.

### On the day, please:

- ✗ **Do not wear makeup**, nail varnish or jewellery - a wedding ring is fine.
- ✗ **Do not bring valuables** or much money as we cannot be responsible for them.
- ✓ **Do bring any medication** you might need during your stay, i.e. inhalers.
- ✓ **Do wear loose comfortable clothing**, preferably that buttons down the front, i.e. blouse or shirt.

✓ **Do bath**, shower or strip wash before you arrive.

✓ **Do wear flat shoes.**

If you usually have a carer, please bring them with you. Otherwise be aware that our waiting space is very limited and if you are accompanied by a relative or friend we may ask them to wait in a different area or to come and collect you when you are ready.

If you have any queries or if there are any changes to your medication or general health, please ring:

**01392 406013**

*Monday - Friday  
8am - 5.30pm*

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

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