

PATIENT INFORMATION

What is a Proctogram?

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This is an X-ray study of the rectum and muscles of the pelvic floor.

What Happens?

When you arrive in the department you will be given a drink containing barium. The actual examination will be performed approximately one hour after, this is to allow time for the barium to pass through the small bowel.

It is necessary to empty your rectum before the study and therefore you will be given an enema when you arrive for the test.

Overall you should expect to be in the Medical Imaging Department for a total time of about TWO hours.

During the study itself barium paste will first be introduced into your rectum via a syringe. You will then be asked to sit on a specially designed seat behind a screen and the X-ray machine is pulled across in front of the seat. Whilst the examination is in progress the number of staff in the room is kept to a minimum and the door is locked to avoid interruptions.

The Radiologist/Radiographer performing the study will ask you to tense and relax the pelvic floor muscles and then to empty the barium from your rectum.

What happens after?

All the images taken during the examination are reviewed by the Radiologist.

What will happen to the results?

A report of the procedure will be recorded in your notes immediately and also sent to your specialist.

We aim to report examinations, as soon as possible. Results will be sent to the Doctor who referred you for the investigation, as they may need further review and therefore it could be approximately 20 days before you are contacted by your Doctor.

Can I bring a friend or relative?

Yes, but for reasons of safety they will not be able to accompany you into the X-ray room.

Valuables

Patients are encouraged to leave their valuables at home. It is the patient's responsibility to ensure all valuables are on their person before leaving the Medical Imaging Department.

Risks

Please alert staff if you have a wheat or gluten allergy.

Cancelling your appointment

If you are unable to attend your appointment, we would be grateful if you could contact us on **01392 402336 selecting option one, option six** as soon as possible. We can then offer your original appointment to another patient. A further date and time will then be arranged for you. Please be advised that if you fail to attend your

appointment, it may be necessary to remove you from the radiology waiting list.

Please note: If you have had D&V (diarrhoea and vomiting) you will need to contact us to rebook your appointment unless you have been clear for the past 48 hours.

Contact us

If you have any queries or concerns please contact us on: **01392 402336**.

How to get to the Royal Devon & Exeter Hospital at Wonford

Park & Ride

Our Dartline PR3 Park & Ride bus is quick and not expensive.

It runs from Wonford Hospital to Digby. Digby is near Tesco, the railway station and junction 30 of the M5. There are signs along some of the main roads into Exeter pointing to the RD&E park and ride.

The park and ride service runs from Monday - Friday. **There is no service at the weekend.**

By bus

Stagecoach buses H Service run to Wonford Hospital from the high street in the city centre Monday to Saturday. Limited Sunday service. They also run to Wonford Hospital from the Broadfields area.

Stagecoach buses from Exmouth (57), Dawlish (2), Torbay (X46), Teignmouth (2) and Plymouth (X38) stop next to the hospital on Barrack Road.

First Southern National bus X53 from Weymouth, Seaton, Beer and Sidford stops next to the hospital on Barrack Road. Turner's Tours bus 369 from Chulmleigh, Lapford, Morchard Bishop and Crediton stops next to the hospital on Barrack Road and outside the main front entrance of the hospital.

By car

Follow signposts to the hospital from most of the main routes into Exeter. Follow signposts in the hospital grounds to our car parks.

Car parking is by pay & display, so please bring change.

The number of spaces is limited, so please leave plenty of time to find a space.

Using Sat Nav to find us?

Tap in postcode: EX2 5DW for RD&E Wonford

For more information on how to get to the hospital, please use the following website:
www.rdehospital.nhs.uk/patients/where

For more information on the Medical Imaging Department, please visit our website:
www.rdehospital.nhs.uk/patients/services/medical-imaging

*Modified with acknowledgment of, and permission from,
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