Patient Information

Implantable Loop Recorder (ILR) Discharge Advice
Medtronic Reveal LINQ™

Contact Numbers:
Taw Ward: 01392 402836 (24 hrs)
CCU Ward: (emergency) 01392 402837 (24 hrs)
Cardiac Physiologist: 01392 406087
01392 402272

Your notes:
First appointment date & time _______________________

Further questions - please contact the Cardiac Physiologists, or write them down and bring along to your first follow-up clinic.

Wound
- The dressing on your wound needs to stay on for 7 days
- You can shower or bath, but keep the wound area as dry as possible, gently pat dry if it gets a little splashed
- You will have been given some spare dressings to use if needed
- □ Staples have been used to close the wound, these need to be removed 7 days after the procedure. Please make an appointment with your practice nurse or GP to arrange this
- □ Dissolvable stitches have been used. Leave the dressing on for 1 week before removing and then gently clean the area
- □ Glue does not require a dressing. Keep the area dry for 10 days. The glue should naturally peel away during this time
- If you have any pain/discomfort from the wound take Paracetamol or your normal painkillers as required
- If you have any queries or worries please contact Taw Ward or the Cardiac Physiologists (Phone numbers on the front page)

Overview
Your implantable loop recorder also known as a Reveal Linq™ is continuously watching your heart rhythm. It has the ability to make a recording in two ways.

- Automatic: the device is set up to record your heart rhythm if it falls into certain categories, e.g. a heart rate that is too fast or too slow
- Manual/Patient Activated: using an activator, the patient assistant, you can activate the monitor to make a recording when you experience your symptoms
Follow-up checks

- You will be seen in the implantable loop recorder clinic in about 8 weeks

For patients that live out of area of the RD&E, the Cardiac Physiologist will advise you on your next follow-up check at your local centre

How to make a recording

A patient assistant activator will be given to you just after you have had your device fitted, you need to carry it with you at all times.

- When you are having your symptoms or as soon as possible afterward, place the activator over the area where the Reveal Linq™ device is implanted

- If performed correctly a green light appears

Patient Assistant Activator

1. Record Symptom Button
   Patient presses button to record ECG when symptomatic

2. Searching Light
   Flashes blue indicating the patient should hold the Patient Assistant over the Reveal LINQ™ ICM

3. Success Light
   Illuminates green when the symptom is successfully marked

4. Connection Slot
   Allows patient to attach the Patient Assistant to a key chain, lanyard, or other personal item

Q & As

‘Is there anything that will interfere with my Reveal Linq™?’

- Household appliances such as microwaves, toasters, electric razors, electric blankets, computers and using broadband Wi-Fi will not interfere with your Reveal Linq™

‘Can I travel abroad?’

- Yes. You may set off the airport security device when walking through the arch, but if done briskly will not damage your Reveal Linq™. Before walking through the arch inform the security team that you have an implantable cardiac monitor and show them your ID card.

Remote Monitoring

This service is used by an increasing number of our patients. Please read the following information, if you have any further question or are interested in remote monitoring please ask at any of your future follow-up checks.

- Your device is equipped to be monitored using wireless technology via a transmitter in your home

- The information is sent securely to a web site. This is accessed by the same Cardiac Physiologists that run the clinics you will attend

- The information is transferred automatically, usually during the night when you are asleep. A small set up procedure is required. The Cardiac Physiologist will talk you through the setting up process if you would like to be remote monitored

For ALL patient activated recordings please remember to phone and inform the Cardiac Physiologist of your symptoms. An appointment will be made to interrogate your device, or to pair up with your download recording.
Making a Remote Monitoring Download

- Once the MyCarelink™ monitor is plugged in to the mains preferably next to your bed, press the round grey button

- Pick up the receiver and place over your Reveal Linq™

- Holding it there for approximately 2 minutes

- When the receiver has finished communicating with your Reveal Linq™ device it will make two short tones and inform you to replace the receiver back to the monitor base

- The receiver will send the data to the Carelink network where the Cardiac Physiologist can access it and report it to your referring doctor

- When the download is complete the receiver will make two short tones and display a green tick

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

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