

Request title: Mentalisation Based Therapy

Date of Response: 29th January 2016

Further to your Freedom of Information request, the Trust has answered your questions in the order they appear in your request.

Request

This is a request under the Freedom of Information Act regarding Mentalisation Based Therapy practise within your NHS Foundation Trust.

Please supply me with all relevant information relating to the following questions:

1. Does your Trust provide a Mentalisation Based Therapy (MBT) service? YES / NO
2. What is the typical length of MBT therapy? weeks
3. What is the format of the MBT service? Individual or Group OR Group with individual

I would be grateful if you could supply this information in electronic form by email.

Reply

The Trust is not able to provide an answer to your question as it does not provide Mental Health Services, these are provided by Devon Partnership Trust. I have contacted them and obtained the email address that you need to direct your Freedom of Information request. The email address you require is ig.dpt@nhs.net.